

INGREDIENT LISTS

Volume 3

Bathura

- Self Rising Flour 1 1/2 cup
- Salt 1 tsp
- Oil or Ghee 3 tbsp
- Warm Water 1/2 cup
- Oil for Deep Frying 3 cup
- Yeast 1 tsp
- Baking Powder 1 tsp
- Yogurt Optional

Veg Chapati Roll

- Atta Flour 1 1/2 cup
- All Purpose Flour 1/4 cup
- Salt 1/2 ts p
- Oil 1 tb sp
- Water 1/2 cup
- Carrot 200 Gm thinly sliced
- Cabbage 200 Gm thinly sliced
- Onion 1/2 cup
- Green Chilli 3 NOS chopped
- Capsicum 200 Gm thinly sliced
- Garlic 1 tbs p
- Cumin Seeds 1/2 tsp
- Oil 1tbsp
- Turmeric Powder 1/2 tsp
- Cumin Powder 1tsp
- Corriander Powder 1tsp
- Garam Masala 1/2 tsp
- Chaat Masala 1/2 tsp
- Salt 1tsp
- Corriander Leaf 1tsp
- Green Chutney 1tsp

Prepared by

